

REFERENCE TITLE: schools; exercise and fitness programs

State of Arizona  
House of Representatives  
Forty-eighth Legislature  
First Regular Session  
2007

## **HB 2375**

Introduced by  
Representatives Anderson, Miranda: Alvarez, Barnes, Burns J, DeSimone,  
Driggs, Hershberger, Konopnicki, Lopez, Lujan, McClure, Senators Garcia,  
Huppenthal

AN ACT

AMENDING TITLE 15, CHAPTER 1, ARTICLE 1, ARIZONA REVISED STATUTES, BY ADDING  
SECTION 15-105; RELATING TO SCHOOL EXERCISE AND PHYSICAL FITNESS PROGRAMS.

(TEXT OF BILL BEGINS ON NEXT PAGE)

1 Be it enacted by the Legislature of the State of Arizona:

2 Section 1. Title 15, chapter 1, article 1, Arizona Revised Statutes,  
3 is amended by adding section 15-105, to read:

4 15-105. School exercise and physical fitness programs

5 A. EVERY PUPIL IN A SCHOOL DISTRICT OR CHARTER SCHOOL WHO IS IN GRADES  
6 ONE THROUGH ELEVEN SHALL PARTICIPATE IN AN EXERCISE AND PHYSICAL FITNESS  
7 PROGRAM FOR AT LEAST ONE HUNDRED TWENTY MINUTES DURING EACH SCHOOL WEEK.

8 B. SCHOOL DISTRICTS AND CHARTER SCHOOLS SHALL DEVELOP THE EXERCISE AND  
9 PHYSICAL FITNESS PROGRAM AS PART OF A REGULAR PHYSICAL EDUCATION COURSE, OR  
10 THE EXERCISE AND PHYSICAL FITNESS PROGRAM MAY BE INCORPORATED INTO THE SCHOOL  
11 DAY.

12 C. A PUPIL MAY BE EXCUSED FROM THE EXERCISE AND PHYSICAL FITNESS  
13 PROGRAM IF ANY OF THE FOLLOWING APPLIES:

14 1. THE PUPIL PARTICIPATES ON A SCHOOL SPONSORED ATHLETIC TEAM.

15 2. A PHYSICIAN STATES IN WRITING THAT PHYSICAL ACTIVITY WILL  
16 JEOPARDIZE THE PUPIL'S HEALTH AND WELL-BEING.

17 3. THE PUPIL PROVIDES A NOTE THAT IS SIGNED BY THE PUPIL'S PARENT OR  
18 GUARDIAN AND THAT STATES THAT THE PUPIL IS PARTICIPATING IN A NONSCHOOL  
19 SPORTS PROGRAM THAT REQUIRES MORE THAN ONE HUNDRED TWENTY MINUTES OF EXERCISE  
20 EACH WEEK.